

CCFW
Meeting Minutes – Annual Retreat 2019

Date: 8/7/19

Time: 11:00 am – 2:00 pm

Facilitator: Kelly Stevens

Location:
Moreau Rec.

Next Meeting: September 11th, 2019 from 3:00 pm – 4:00 pm

Recorder: Alexandra Barr

Location: TBD

Attendees:

Name	Sector
Rachel Maxwell	State/Local Govt
Kathleen Schnackenberg	Schools
Donna Nichols	Parents
Amber Danaher	Substance Abuse Org
Kelly Stevens	Substance Abuse Org
Pamela Baker	State/Local Govt
Sarah Ledger	State/Local Govt
Alexandra Barr	Substance Abuse Org
Tom LaPorte	Substance Abuse Org
Justin Hamm	Substance Abuse Org
Rebecca Robarge	State/Local Govt
Tim Cooper	Business
Kristine Orr	Schools
Justin Fischer	Religious Org
Merry Rudinger	Youth Serving Organization
Maggie Fronk	Civic/Volunteer Org
Pete Mody	Schools
Tim Dawkins	Schools

Topic	Discussion	Decisions/Actions to be Taken
Welcome!	Kelly went over housekeeping rules and an agenda overview. The attending members and staff introduced themselves and everyone participated in a team building activity (minefield). Following the activity, a potluck lunch was served.	Thank you to everyone for participating and for bringing the delicious dishes for all to enjoy!

<p>Rachel Maxwell – Guest Speaker</p>	<p>Rachel Maxwell, MPH from Saratoga County Public Health was the guest speaker for this year’s retreat. She presented on the Saratoga County Suicide Prevention Coalition which formed in 2016 with the backing of both County Mental and Public Health. Upon formation, the priority population is men ages 35-65. The coalition currently has a 3-year grant to increase awareness and education about suicide prevention which includes an increase in calls to the suicide prevention lifeline. Within Saratoga County, the calls to the lifeline have increased from 2017 (131 calls) to 2018 (208 calls). Additionally, the coalition is implementing coffee sleeves to local shops throughout the county as well as completing a PSA surrounding use of the lifeline and prevention messaging scheduled to begin in early 2020. Superintendent of SGF School District Kristine Orr also mentioned that within the county, many schools are promoting a “see something, say something” hotline. Tim Dawkins, Assistant Superintendent of SGF CSD, also mentioned that students receive suicide prevention and signs of suicide education beginning in 7th grade all the way through high school.</p>	<p>If there are any questions or other thoughts on the Saratoga County Suicide Coalition or suicide prevention and education, please feel free to reach out to Rachel Maxwell.</p>
<p>2018-2019 Accomplishments</p>	<p>Justin discussed the 2018-2019 coalition accomplishments.</p>	<p>Attached to the minutes is a list of our 2018-2019 accomplishments. Thank you for a great year!</p>
<p>DFC 2019-2020 Action Plan</p>	<p>Kelly discussed the goals, objectives, and strategies for the 2019-2020 DFC Action Plan. She said to be on the lookout for corresponding numbers on upcoming agendas and events so members know that deliverables are being met.</p>	<p>Attached to the minutes is the 2019-2020 DFC Action Plan.</p>
<p>Communities Talk</p>	<p>Kelly informed members that the coalition was granted a stipend of \$750 for a town hall meeting discussing alcohol use and misuse. The money must be spent by 12/31 and will be in partnership with SUNY Adirondack.</p>	<p>If anyone has ideas on a guest speaker for the town hall meeting, let Kelly know at ccfw-coordinator@preventioncouncil.org</p>
<p>Asset Mapping</p>	<p>Alex and Amber did an asset mapping activity with the members. They explained the difference between a protective and a risk factor and had the members’ think of both factors throughout the SGF CSD. They wrote down each factor and attached it to a map of the school district. A great discussion followed the activity about the local protective and risk factors in their community. Donna also noted that upon opening of the new HHHN Moreau</p>	<p>If anyone would like pictures of the map used during this activity, please let Amber or Alex know.</p>

	Family Health Center this fall, transportation will be provided directly to the Health Center through both the CDTA and Greater Glens Falls Transit. Justin also mentioned possibly incorporating a TIPS training within the school district for restaurant, store, and bar owners in the community.	
Elevator Speeches and Capacity Building	Kelly explained what an elevator speech is and why it's important to have one. At our tables, we worked together to write our own elevator speech for CCFW. The speech is meant to explain what CCFW is and what the coalition does as well as your role and a statement or question that will further engage the audience. Kelly then read her own elevator speech and asked for feedback.	Attached to the minutes is the elevator speech handout as well as Kelly's own speech.
PFS Evaluation – Data Dashboard	Tom discussed the data dashboard and how it can be used for sustainability following the completion of the PFS grant. The dashboard will include indicators from the PNA as well as county coroner opioid overdose data. The dashboard provides a compelling and visual display of information that can be catered to a specific audience. Two basic steps for continuation of the dashboard are to (1) access the data and (2) enter the data.	If anyone has any questions about the data dashboard, feel free to contact Tom LaPorte at tlaporte@albany.edu or Alex at ccfw-pfs@preventioncouncil.org
End of Summer Bash and Upcoming Events	The End of Summer Bash will be held on August 18 th from 1:00 pm – 4:00 pm at Moreau Rec. Amber is looking for more people to attend by filling out the sign-up genius which has already been sent to the coalition members. The End of Summer Bash flyer has been sent out to all elementary students. Amber will begin her youth coalition at the start of the school year. She is planning to meet once a week with the kids during lunch and then have an overarching meeting once a month at night. The youth coalition will help to increase and sustain involvement in After Prom as well as create more events throughout both the school year and the summertime.	Sign up for the End of Summer Bash. If anyone has any questions, feel free to contact Amber at ccfw-youth@preventioncouncil.org
Next Meeting:	Next Meeting: Wednesday September 11th, 2019 from 3:00 pm – 4:00 pm Location: TBD	THANK YOU!